

WEEK 1: PART 1

DAY 1

WATCH SNAPSHOT VIDEO
BEGIN READING
JONAH

DAY 2

READ DIVE
CONTINUE READING &
TRASHING

DAY 3

READ DEEP DIVE
CONTINUE TRASHING

DAY 4

READ 'WHAT'S HAPPENING
IN COMPANION

DAY 5

READ THE 'TRASHING TIPS'
AND HIGHLIGHT THE BOOK

DAY 6

READ DEEP DIVE PART 2
CONTINUE YOUR READING

DAY 7

FINISH READING JONAH

JONAH